

HOW TO AVOID THREATS TO YOUR MONEY AND YOUR WELLBEING

GENERAL

NEVER GIVE ANYONE YOUR PIN NUMBER

DO keep your personal details safe.

DO take time to make a decision.

ASK for receipts.

PAY by cheque if possible.

DO NOT keep large amounts of cash at home.





NEVER GIVE YOUR PASSWORD TO ANYONE NEVER believe the following:

The bank emails you asking to update your information or your account will be closed. **NO DON'T.**

You are told by someone claiming to be from Microsoft that your computer has a virus and they want to help you. **NOT TRUE.**

An email from someone you know saying they are stranded without money and need help. **NOT TRUE.**

An unsolicited email with a link or document attached for you to open. **NEVER OPEN.**

You are asked to update your account details or install a programme on your computer. **DO NOT.**

An email that says you have won money. **NO YOU HAVE NOT.**

ALWAYS CHECK CAREFULLY email addresses before replying. Some email addresses are very close to the correct one but are not.

ENSURE any website you use has a security symbol (padlock) before you give your details.

TAKE YOUR TIME TO MAKE A DECISION.

MORE INFORMATION IS AVAILABLE FROM AGE UK WHO ALSO PROVIDE THE FOLLOWING SERVICES

Information and Advice
The Good Neighbour Scheme
'The Spic and Span cleaning service
The Home Services Directory
Community Groups and Events
For more information, either:
Ring 01482 869181
Email info@ageukeastriding.org.uk

OTHER USEFUL TELEPHONE NUMBERS

Police Non-Emergency 101
NHS Non-Emergency 111
ERYC Customer Service 01482 393939
Humberside Fire and Rescue
Home Safety Visits 0300 303 8242
Emergency Services 999

